

## **Project Instructions:**

### Australia's Biggest Morning Tea (ABMT)

- Research : How to live a Cancer-free/healthy life
- Research : Why the Biggest Morning Tea is held every year
- Learn about 'The Food Pyramid'
- Read healthy recipes given by the Cancer council
- Prepare posters in groups related to maintaining a Healthy Lifestyle
- Present the poster to the class and display it on the day ABMT is held

### Host the Biggest Morning Tea:

- Organise and run Australia's Biggest Morning Tea for Cancer Research.
- Form committees and work in groups to decorate the place, lay out/serve food and drinks, organise games, collect money, and complete tasks set prior to /after the event
- Create invitations on the computer and personally invite fellow students/ tutors and staff.
- Organise little gifts and give them away as lucky draw prizes
- Run a raffle to guess the weight of the cake ( one student to bake a cake )
- Use mathematical ideas/ techniques to count the money collected.
- Chart this information on graphs
- Send the money to the Cancer Council
- Write a letter to the Cancer Council about the event
- Evaluate the project